



Where Tradition Meets Tomorrow

Summer 2021 Health and Safety Handbook

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Where Tradition Meets Tomorrow Camp During Covid

Summer 2021 is here!

During the COVID pandemic, children need camp more than ever! Although Camp last summer was different from any year in our history, we made it a fun summer while operating within necessary safety constraints to minimize the risk of transmission of the COVID-19 virus.

For the summer of 2021, we have carefully reviewed the CDC's guidelines, the American Camp Association's Field Guide and the New Jersey Department of Health COVID 19 Youth Summer Camp Standards for operating camps in the current environment. We are working closely with health officials as well as private practice medical professionals. After a great deal of study we have formulated a set of protocols to run Camp which you can review on the following pages.

We will monitor the situation continually, and update our protocols as necessary, based on the most up-to-date guidance from the State, medical experts and others.

We are very proud of our staff, who will once again take on additional responsibilities for cleaning facilities, supervising camper hygiene, social distancing and masking requirements, on top of their normal functions of providing a fun, meaningful and safe experience for the children!

We are depending on Camp parents to continue to take the virus situation seriously and do their part to keep their families, and therefore the whole Camp community, safe.

The Breene Family





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The Basics

Camper groups will be about 12-18 campers (depending on camper age) with 2-3 counselors. Each group is treated as a "pod" doing all activities together and not mixing with the general camp population. Social distancing will not be enforced *within* a group/pod.

Masks: Most of the day, when with their group and outside, campers will not wear masks. Campers will be required to wear a mask while indoors for an extended period of time, during some activities and at times when social distancing is not feasible. Counselors are required to wear masks at certain times of the camp day.

Our staff will clean and disinfect equipment regularly.

All activities will be outside or in open-air shelters as much as possible/weather permitting. To prevent mixing between different camper groups, we will not have clubs/free time, Tracking, SuperChoice, Overnights or Late Nights.

Swimming, as always, will be a big part of Camp. In the morning, each group of campers will have a swim lesson together in an assigned part of the pool complex.

One or two swimming instructors will run a "one-room schoolhouse" for each camper group, teaching different skill levels simultaneously. In the afternoon, each group has free swim together in an assigned part of the pool complex that will rotate throughout the week. Campers will not mingle with other campers outside of their group at the pool.





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Food and Water

Lunch will be served daily. Parents order their child's meal ahead of time through the Parent Portal. The lunch pavilion, which is open on three sides to fresh air, is arranged with space between each camper group. Clubhouse groups will eat at tables outside of their cabins. Each group eats only at its assigned tables.

Each camper's lunch will be served in an individually portioned container. Our lunch menu includes hot and cold options, plus pre-packaged chips, fresh fruit and vegetables. Seconds and swap-outs are always available if a camper is still hungry.

As always, we accommodate a variety of food allergies and restrictions.

Snacks and Ice Cream will be served daily. We only serve pre-packaged snacks and ice cream/ice pops.

Each camper must bring his or her own labelled **Water Bottle** to Camp each day. Individual water bottles can be refilled throughout the day at our Water Monster water dispensers under the supervision of staff members.





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Health

We have two full-time **Registered Nurses** on staff, an outdoor triage tent, personal protective equipment, as well as an isolation room if needed.

If a camper is sick, they will need to be picked up quickly, and can't return until medically cleared.

In case of a positive COVID diagnosis, we will notify the families of all other children in that group. Any child who was in "close contact" with a camper or counselor must quarantine in accordance with NJ state rules. We will also keep the general camp population updated about the situation while also maintaining the confidentiality of any affected campers.

If a camper is sent home because of a COVID diagnosis (either that child's own diagnosis, or the diagnosis of another child in the group), Camp Riverbend will credit you for the following season for any days of Camp missed.

If you choose to keep a camper home who was NOT in close contact with the COVID patient, or if a camper is sent home for any non-COVID illness or injury, there will be no reimbursement, credit or make up for days missed.





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Buses

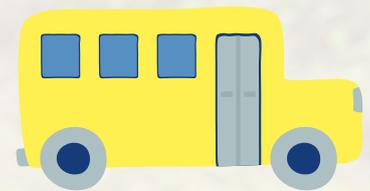
We will provide bus service in certain towns using large, 54 passenger, buses loaded to partial capacity. Children will meet at bus stops to minimize the time they are on the bus. In other towns, we will use small buses loaded to partial capacity for door-to-door service.

Before being allowed on the bus, our bus counselor will do a temperature check and ask each parent or guardian if their child has had any COVID symptoms or risk factors since their last time at camp. If a child has a temperature over 100.4 degrees or has any COVID symptoms, he or she may not come to Camp until medically cleared and able to provide Camp with a negative test result.

While driving, the bus windows will be kept open to promote fresh air circulation.

While on the bus, campers and staff members will be required to wear masks. Campers will be assigned seats on the bus, sitting alone or with siblings and/or campers in their same group.

Buses are cleaned and disinfected regularly.





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Driving your child to camp

On arrival at Camp, we will take each camper's temperature and ask each child's parent or guardian if their child has had any COVID symptoms or risk factors since their last time in Camp. If a child has a temperature over 100.4 degrees or has any COVID symptoms, he or she may not come to Camp until medically cleared and able to provide Camp with a negative test result. Parents driving children to and from Camp must remain in their car and everyone in the car must wear a mask while on camp grounds.

Extended Day drop off is between 8:00 and 8:30 am. Extended Day pick up is between 4:30 and 6:00 pm. Extended Day pick up and drop off will take place outside of the Camp office on the main driveway.

Campers who are part of morning or afternoon Extended Day will have to wear masks during this program. We will send you a placard for your dashboard for easier identification.

Carpool drop off is at either 8:40 or 8:50 am for morning drop off, and either 4:00 or 4:10 pm for afternoon pick up. You will be assigned one of these drop off/pick up times. We will send you a placard for your dashboard with your arrival time and your last name for easier identification. Carpool pick up and drop off will take place from the marked gravel driveway just past the main entrance to Camp.





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Clothing and Sunscreen

Campers will bring all their clothes, towels, water bottles, etc. home every night so that locker rooms can be cleaned and disinfected each evening after Camp. Labeled pool shoes and goggles can remain at Camp in lockers.

Any **lost and found** items left at Camp will be discarded, even if they are labeled with your name. Our counselors will help children gather their belongings to help prevent lost items, but children need to understand their responsibility as well.

Every day your camper needs:

- A properly-fitting cloth mask, and a spare mask in the backpack (gaiters are not allowed)
- One bathing suit worn to Camp
- One other bathing suit and underwear (and shorts for boys) in his/her backpack
- Two towels
- Optional flip-flops or other water shoes

We request that you machine-wash your camper's mask daily.

Camp will provide **sunscreen** for re-applying during the camp day. Counselors will help campers do this.

We strongly recommend that your child wears a **rash guard** which is even more effective than sunscreen in preventing sunburn. Hats are also recommended and should be labeled.





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Rainy Days

In case of light rain, Camp will run as scheduled. We have sufficient covered space at Riverbend so each group can have its own sheltered location and maintain social distancing between groups.

In case of a forecast for severe weather (heavy rain all day), Camp may be cancelled, as it was for one day in 2020 for Tropical Storm Isaias. We will notify you of a cancellation as far ahead as possible. For in-camp campers, two "snow days" have been built into our tuition structure so there will be no reimbursement, credit or make up days.

A rainy day is a cool day, so campers should dress appropriately.

Handwashing and Hygiene

We have multiple handwashing stations throughout Camp. Staff will be trained to supervise campers to ensure that proper handwashing procedures are followed during the camp day.

Staff will carry a group supply of hand sanitizer at all times. Campers wash or clean their hands before and after all activities, including before lunch and snacks.

Cleaning and Sanitation

Our staff will perform regular cleaning each day of bathrooms, playground equipment, the lunch pavilion, locker rooms, and activity equipment, to ensure we meet all DOH standards.

Bathrooms are cleaned multiple times each day and every building is disinfected regularly. CDC-recommended soaps and sanitizers are used in all areas.





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Staff

In addition to our normal staff orientation program, all counselors are trained regarding proper hygiene practices for campers, what social distancing means, COVID symptoms as well as what to do if observed, and how to monitor their own physical well-being.

Staff are required to self-monitor for COVID symptoms for 10 days before Camp starts and complete weekly COVID screening forms.

Counselors are required to wear masks parts of the camp day.

No Parent Visits

No parent visits or tours for prospective families will be allowed while Camp is in session.

We will post photos and videos from Camp on the Camp Riverbend app for parents to enjoy. You can find instructions on how to download and use the app on the Parent Portal.





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Parent Responsibilities

Before Camp starts, provide the most recent doctor's exam form and immunization record available for your child.

Complete (or update if necessary) your child's online medical history on our Parent Portal.

Ten days before your child starts Camp, begin monitoring his/her health. All children must be free of fever and other COVID symptoms for at least 10 days before attending Riverbend.

Some symptoms to look for at home:

- fever of 100.4 degrees F or higher or chills
- cough and/or shortness of breath
- Headache and/or muscle aches
- nausea, loss of taste or smell and/or vomiting
- diarrhea
- sore throat
- extremely red bloodshot eyes
- red swollen hands and feet
- red cracked lips
- red swollen tongue

Parent Responsibilities continues below....





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Parent Responsibilities, continued

On the Saturday before any week your child will attend Camp, you must complete an online COVID Screening Form on our Parent Portal, stating that your camper has not exhibited signs of illness or other risk factors within the last 10 days. Your camper will not be allowed to come to Camp on any Monday if you have not submitted this form, and we expect you to notify us if any of these conditions change during the week.

If your child is sick, or you think he or she may be sick, with COVID or anything else, PLEASE keep him or her home out of an abundance of caution.

We also ask that you recognize that, while we are following governmental and medical expert guidance to minimize risk of infection and run Camp safely during the pandemic, we cannot eliminate ALL risk. Therefore, we will require you to sign a COVID-specific waiver that will be posted on our Parent Portal.





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Please contact us with any questions you may have!

We are looking forward to another great summer!

Keep your family safe so we can all keep our Camp family safe.



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